

## **Safeguarding and Welfare Requirement: Health**

Providers must ensure there are suitable hygienic changing facilities for changing any children who are in nappies.

### **6.4 Nappy changing**

#### **Policy statement**

No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We provide nappy changing facilities and exercise good hygiene practices in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

#### **Procedures**

- We encourage young children from two years to normally wear pull ups, or other types of trainer pants, as soon as they are comfortable with this and if their parents agree.
- Babies and young children are changed within sight of other staff whilst maintaining their dignity and privacy at all times.
- The staff member on 'toilets and nappy changing' on the job rota, undertakes the changing of young children in nappies and pull ups. Children's names are written on the whiteboard in the main pre school room if they are required to be checked and changed during the session. If a child is in the process of toilet training then this will be supervised by the key person.
- Our changing area is warm, with a safe area to lay children and no bright lights shining down in their eyes.
- The parents of each young child in nappies/pull ups are asked to bring in a changing bag each time they attend. This can be placed and even kept permanently on their coat peg. It should contain nappies or 'pull ups' and changing wipes, together with a change of clothes. Creams and lotions are not used on a daily basis in routine nappy changing but if your child is excessively sore and requires a barrier cream, an authority form can be signed to give us consent to apply. We will not apply creams without consent to do so. Nappy cream should be labelled and handed to the key person, or a labelled supply kept at the pre school, rather than it being left in the child's bag which can be accessed by other children and pose a safety hazard.
- Our staff put on gloves and aprons before changing starts and the areas are prepared. The changing mat is wiped down with anti-bacterial spray for each child being changed. Protective clothing is changed between each nappy change.

- All our staff are familiar with our hygiene procedures and carry these out when changing nappies.
- Our staff never turn their back on a child or leave them unattended whilst they are on the changing mat.
- We are gentle when changing; we avoid pulling faces and making negative comments about 'nappy contents'.
- We do not make inappropriate comments about children's genitals when changing their nappies.
- In addition, we ensure that nappy changing is relaxed and a time to promote independence in young children.
- We encourage children to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- We encourage children to wash their hands, and have soap and towels to hand. They should be allowed time for some play as they explore the water and the soap.
- Older children access the toilet when they have the need to and are encouraged to be independent.
- We dispose of nappies and pull ups hygienically. Any soil (faeces) in nappies or pull ups is flushed down the toilet and the nappy or pull up is bagged and put in the bin. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are rinsed and bagged for parents to take home.
- We have a 'duty of care' towards children's personal needs. If children are intentionally left in wet or soiled nappies/pull ups in the setting this may constitute neglect and will be a disciplinary matter.

**\*This policy is approved by the Committee and reviewed annually\***